

Find Relief From Your Toothache With These Targeted Remedies

Beauty News, Doctor's Talk

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Photo Credit: Courtesy of Pixel-Shot/Shutterstock Ready to bid farewell to the shooting, unbearable pain of a toothache? Good news for you! There's a whole range of remedies and treatments out there, tailored to your toothache's underlying cause. Reclaim a pain-free smile and save your tooth.

Created in Dental Problems

When facing a simple toothache, rinsing the mouth to remove debris can often provide relief. Yes, sometimes, your toothache can be caused or

aggravated by a piece of debris lodged between the tooth and another tooth. Avoid placing an aspirin between your tooth and gum to relieve pain, because the dissolving aspirin can actually harm your gum tissue.



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Broken, Fractured, or Displaced Tooth

If you have a broken, fractured, or displaced tooth, quick action is essential. If the tooth has been knocked out, try placing it back into its socket and seek dental attention promptly. Rinse the mouth of any debris and apply a cold cloth to reduce swelling.

For a fractured tooth, rinse with warm water and use a cold pack for swelling. Ibuprofen may help alleviate discomfort. Minor fractures can be treated by sanding or restoring the tooth if the pulp is undamaged.

For children with a loose primary tooth, gently biting down on an apple or caramel piece might aid in easy separation from the gum. Remember to consult your dentist for proper care and treatment.

There's no need to endure the agony of a toothache when a world of remedies and treatments is at your disposal. For any questions, visit **Dr. Mimi Yeung** at **M.Y. Dental Spa** office in New York, New York.